Where to find our base:

Sandwell Wellbeing Hub
C/O Spires Health Centre
Victoria Street
Wednesbury
WS10 7EH

Telephone: 0303 033 9903
E-mail: wellbeinghub@nhs.net

For referrals:

Our friendly team of staff will always be happy to help to support and serve the people of Sandwell

Contact Us

For direct enquiries:

Tipton Care Organisation
Glebefields Health Centre
St Marks Road
Tipton
DY4 0SN

Telephone: 0121 530 8021
E-mail: esteemteam@nhs.net

Here to support you with all your wellbeing needs
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| We are a diverse team of people who work across Sandwell to help to support people in their every day lives. Our team was developed to work within Primary Care services and to work in close partnership with GP’s and other health care professionals. | Upon receiving a referral someone from our team will meet with you for an assessment. Once the assessment is completed we will meet with you regularly until everything is in place and you feel that you are happy with your wellbeing. We aim to refer you to services that you feel will help you in dealing with your every day issues. If you have more than one need, we will prioritise and support you to access the services you need to make your road to recovery easier. | There are two ways in which people can refer to The Esteem Team:  
- The first way is through your GP. If you feel as though you could benefit from our service, visit your GP and ask them to refer you to The Esteem Team for some extra support.  
- The second way is to self refer to the Sandwell Wellbeing Hub. You can call 0303 033 9903 and ask them to refer you to the team. |

The main aim of our service is to support people in Sandwell to improve and maintain their wellbeing. Although our main focus is Mental Health, we do try to support people with their physical and emotional needs. We work very closely with Welfare Rights, Counselling Services, Service User Network and many others to ensure all clients get the services which are right for them, and to help them access services. We will give you a helping hand on your journey to reach a point that you are content with. We will ensure you have your social needs met and that you are connected to your community if you wish. |

Once we have received a referral a member of The Esteem Team will contact you and arrange to meet you at a time and place suitable for you.